

Indigenous Wellness Circle



The Indigenous Healthy Babies program will be hosting a wellness circle for families to come together to play and learn.

It will be held at the Parent Resource Centre at 300 Goulburn Crescent every Thursday from 1:00 pm to 3:00 pm. To begin on September 7, 2023

We have a great agenda planned for families with guest speakers from Ottawa Health, First Words, Drumming, Halloween and Christmas party to name a few.

Bus tickets and light snacks will be provided.

**Please register by August 31st with
Belinda at blarente@onwa.ca
Danielle at dmeness@onwa.ca**



Ontario Native Women's Association (ONWA)



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