

Open to all clinical and non-clinical staff, physicians, and volunteers

Immigrant Mental Health Training

FRIDAY, JANUARY 24, 2025

9:30 AM – 12:30 PM

THE SESSION WILL BE

HYBRID

CHALLENGES OF RESETTLEMENT

TRAUMA-INFORMED CARE

CULTURAL HUMILITY APPROACH

UNDERSTANDING ACCULTURATION AND ACCULTURATION PREDICTORS

For information and registration:

<https://forms.office.com/r/FvDbyyLKTp>



This workshop will provide front-line workers an overview of immigrants' shared experiences, and how to promote immigrants' mental health by raising their awareness of cultural transitions and navigating between home and new cultures, as well as their sense of belonging in a new country.

It also improves understanding of acculturation predictors, immigrant strategies, and how to support immigrants through a cultural humility approach and **trauma-informed care**.

In-person location:

South Nepean Satellite Community Health Centre
4100 Strandherd Dr. Suite 201 (Barrhaven)
Ottawa

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