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## Free Holiday Meals

Community Navigation of Eastern Ontario 2022-23

*Last updated Dec 14, 2022*

-----December 11-----

### *The Ottawa Mission (Food truck spot)*

**Location:** Centre town/OCH (Near 403 Somerset west), Ottawa, K2P 2P5

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 12 noon-1 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

### *The Ottawa Mission (Food truck spot)*

**Location:** Capital City Mission, 521 Rideau Street/Centre 510, 510 Rideau St

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 3 pm-4 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

The Ottawa Mission (Food truck spot)

**Location:** McEwan Terrace, 31 McEwen Ave, Ottawa, K2B 5K6

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 10:30 am-11:30 am

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

The Ottawa Mission (Food truck spot)

**Location:** Centre 507, 507 Bank Street, Ottawa, K2P 1ZC

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 12 noon-1 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

The Ottawa Mission (Food truck spot)

**Location:** Lowertown, 303 King Edward Ave, Ottawa, K1N 7M3

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 1:30 pm-2:30 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

The Ottawa Mission (Food truck spot)

**Location:** 1180 Shillington Ave, Ottawa, K1Z 7Z4

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 3 pm-4 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Regina towers - Lincoln heights, 2651 Regina Street, Ottawa, K2B 8B5

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 10:30 am-11:30 am

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Seventh Day Adventist Church, Overbrook, 194 Prince Albert Street, Ottawa, K1K 1Z7

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 12 noon-1 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Donald Court, 251/255 Donald Street, Ottawa, K1K 4B7

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 1:30 pm-2:30 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Near 38 Winthrop Private

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 3 pm-4 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Carson's Community House, 710 Carson's Road, Ottawa, K1K 2H3

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 10:30 am-11:30 am

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Gloucester Emergency Food Cupboard, 2040 Arrowsmith Dr, Ottawa, K1J 8V9

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 12 noon-1 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Russell Heights Community House, 1799 Russell Rd. E, Ottawa, K1G 0N1

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 1:30 pm-2:30 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** The Rideau Rockcliffe Community Resource Centre, 815 St. Laurent Boulevard, K1K 3A7

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 3 pm-4 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Marion Dewar Place, 453 Cooper Street, Ottawa, K2P 0H1

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 10:30 am-11:30 am

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Somerset West Community Health Clinic, 55 Eccles St, Ottawa, K1R 6S3

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 12 noon-1 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Confederation Court Community House, 2483 Walkley Rd, Ottawa, K1R 6S3

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 1:30-2:30 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Ottawa Community Housing (Chapel Office), Strathcona 731-A Chapel St. (corner of Chapel and Wiggins)  
Ottawa, K1N 1E1

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 3 pm-4 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Heron Road Emergency Food Centre, 1480 Heron Rd, Ottawa, K1V 6A5

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 10:30 am-11:30 am

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Van Lang Community, 29 Van Lang Private, Ottawa, K1Z 1A4

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 10:30 am-11:30 am

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** Père Charlebois, 1030 du Père Charlebois Ave, Ottawa, K1K 3P1

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 1:30 pm-2:30 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** The Vanier Community Service Centre, 161 Marier Avenue (Vanier), Ottawa, K1L 5R8

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 3 pm-4 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

----- **December 17** -----

*The Ottawa Mission (Food truck stop)*

**Location:** Lowertown Community Resource Centre, York Street Public School, Ottawa, K1N 5V3

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 12 noon-1 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Mission (Food truck stop)*

**Location:** MacDonald Manor, 123 Augusta Street (parking in front), Ottawa, K1N 8B7

**Description of event:** Take-out meal

**Phone:** 613-234-1144

**Time:** 3 pm-4 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

*The Ottawa Church of God*

**Location:** Samaritan Support Services of Ottawa Carleton (SSSOC) at the Ottawa Church of God, 1820 Carling Avenue between Maitland Avenue and Broadview Avenue (Bus #85)

**Description of event:** Take-out meal

**Phone:** 613-729-3172 or 613-316-7333

**Time:** 2 pm-3:30 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

**Notes:** Take-out only. Dinners must be ordered in advance by emailing [communitychristmas@outlook.com](mailto:communitychristmas@outlook.com) or calling 613-729-3172 or 613-316-7333

----- **December 18** -----

*The Ottawa Mission*

**Location:** 35 Waller St, Ottawa, K1N 7G4

**Description of event:** Sit-down meals

**Phone:** 613-234-1144

**Time:** 11 am-5 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible

Onyx Community Services

**Location:** 265 Montreal Rd, Ottawa, K1L 6C4

**Description of event:** Take-out meal

**Phone:** 613-422-8555 or 1-888 833-5303

**Time :** 5 pm-7:30 pm (Meal doors open for coffee at 4:30, dinner take-out at 5 pm, FULL Turkey dinner with all the trimmings).

**Eligibility:** No restrictions

**Accessibility:** Fully accessible - at front door street level only.

**Notes:** 75 meals available. 6 Christmas hampers by request at 1 888 833 5303 ext 5. If requiring more than 3 meals, call in advance and ask to be put on the Family List, 12:30 pm to 4:30 pm call 613-422-8555, or after hours 1-888 833-5303, ext 5

St Joe's Supper Table

**Location:** 174 Wilbrod St, Ottawa, K1N 6L4

**Description of event:** Sit-down & Take-out meal

**Phone:** 613-233-4095 ext 221

**Time:** 3 pm-4:30 pm (last seating)

**Eligibility:** No restrictions

**Accessibility:** Not accessible to wheelchairs

**Notes:** Please call or email (suppertable@st-josephs.ca) to register before coming

Caldwell Family Centre

**Location:** Carlington Recreation Centre, 1520 Caldwell Ave, Ottawa, ON K1Z 8H9

**Description of event:** Sit-down meal

**Phone:** 613-728-1800

**Time:** 4:30 pm-7:30 pm

**Eligibility:** No restrictions, made for catchment area but won't turn anybody away

**Accessibility:** Fully accessible

St Peter's & St Paul's Anglican Church

**Location:** 152 Metcalfe St, Ottawa, K2P 1N9

**Description of event:** Sit-down homemade turkey dinner

**Phone:** 613-235-1636

**Time:** Doors open at 1 pm & 4 pm (2 seatings)

**Eligibility:** No restrictions

**Accessibility:** Fully accessible



----- **January 24** -----

Ottawa Innerscity Ministries

**Location:** Knox Presbyterian Church, 120 Lisgar St, Ottawa, K2P 2L7

**Description of event:** Take-out meal

**Phone:** 613-237-6031

**Time:** 1 pm-3 pm

**Eligibility:** No restrictions

**Accessibility:** Fully accessible