



## Thanksgiving Meals List

Community Navigation of Eastern Ontario 2020

*Last updated: Oct 2, 2020.*

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----- October 5<sup>th</sup> -----

### The Ottawa Mission

**Location:** Centre 507 Community Food Bank: 507 Bank Street  
**Format:** Take-out meals given via a food truck  
**Phone:** 613-234-1144 ext. 293 (Chef Ric Watson)  
**Time:** 11:30 am  
**Eligibility:** No restrictions  
**Accessibility:** Fully accessible

----- October 6<sup>th</sup> -----

### The Ottawa Mission

**Location:** Ottawa East Seventh-day Adventist Church: 194 Prince Albert St  
**Format:** Take-out meals given via a food truck  
**Phone:** 613-234-1144 ext. 293 (Chef Ric Watson)  
**Time:** 11:30 am  
**Eligibility:** No restrictions  
**Accessibility:** Fully accessible

----- October 7<sup>th</sup> -----

*The Ottawa Mission*

**Location:** Gloucester Emergency Food Cupboard, 2040 Arrowsmith Drive  
**Format:** Take-out meals given via a food truck  
**Phone:** 613-234-1144 ext. 293 (Chef Ric Watson)  
**Time:** 12 pm (Noon)  
**Eligibility:** No restrictions  
**Accessibility:** Fully accessible

----- October 8<sup>th</sup> -----

*The Ottawa Mission*

**Location:** Somerset West CHC: 55 Eccles St  
**Format:** Take-out meals given via a food truck  
**Phone:** 613-234-1144 ext. 293 (Chef Ric Watson)  
**Time:** 11:30 am  
**Eligibility:** No restrictions  
**Accessibility:** Fully accessible

----- October 9<sup>th</sup> -----

*The Ottawa Mission*

**Location:** Heron Emergency Food Centre: 1480 Heron Road  
**Format:** Take-out meals given via a food truck  
**Phone:** 613-234-1144 ext. 293 (Chef Ric Watson)  
**Time:** 10:30 am  
**Eligibility:** No restrictions  
**Accessibility:** Fully accessible

----- October 12<sup>th</sup> -----

*The Ottawa Mission*

**Location:** 35 Waller St (in the shipping/receiving garage on Besserer street)  
**Format:** Take-out meals given via a food truck  
**Phone:** 613-234-1144 ext. 293 (Chef Ric Watson)  
**Time:** 1 pm  
**Eligibility:** No restrictions  
**Accessibility:** Fully accessible

----- November 3<sup>rd</sup> -----

*Ottawa Innercity Ministries*

**Location:** 391 Gladstone Ave, Ottawa, ON  
**Format:** Take away meal to be picked up at the door  
**Phone:** 613-237-6031  
**Time:** 1 pm-3 pm  
**Eligibility:** No restrictions  
**Accessibility:** Fully accessible